

CAMP DE JOUR

SUNNY ACRES

DAY CAMP

PARENT HANDBOOK
2026

WELCOME TO SUMMER 2026!

This handbook contains everything you need to get ready for an incredible summer at Sunny Acres. Please read it carefully and don't hesitate to reach out with any questions. We're here to help.

CONTACT US AT:

Phone: (514) 457-6610 ext. 5526

Email: info@sunnyacresdaycamp.com

Mailing Address:

John Abbott College

Attn: Sunny Acres Day Camp

21275 Lakeshore Rd.

Ste. Anne-de-Bellevue, Quebec

H9X 3L9

CAMP HOURS & DROP-OFF

Regular Hours: 9:00 am–3:30 pm

Drop-Off: 8:50–9:10 am (Penfield Building)

Pick-Up: 3:20–3:40 pm (Casgrain Circle)

Extended Hours:

7:30–8:30 am – \$8.00

4:00–5:00 pm – \$8.00

5:00–6:00 pm – \$8.00

Drop-Off & Pick-Up Procedures:

We offer a drive-through style system. Staff will greet campers at the car and escort them to/from their group. Parents may also park and walk their children in.

Early Pick-Up / Late Drop-Off:

After 9:10 am, drop off at the camp office in the Penfield basement. For early pick-ups, please call or email to coordinate.

Late Pick-Up:

Children not picked up by 3:40 pm will be brought to extended day care until 6:00 pm.

CAMP ESSENTIALS

What to Bring Daily:

- Towel and bathing suit
- Sneakers (no crocs or flip flops)
- Sunhat, sunscreen (labeled in ziplock), hand sanitizer
- Cold lunch + ice pack, 2 snacks, refillable water bottle
- Plastic bag for wet items
- Optional: goggles, flip flops for pool, change of clothes

What to Leave at Home:

- Electronics (phones, iPods)
- Valuables (jewelry, etc.)
- Toy/water guns
- Clothing that can't get messy

WATER ACTIVITIES

Due to renovations at the John Abbott pool, we will be running on-site water play, including sprinklers, games, and toys.

Wednesdays (Weather Permitting):

We walk to the Ste-Anne-de-Bellevue pool for exclusive swim time. Water fun continues weekly to keep kids cool and active.

FOOD & LUNCH

Daily Lunch:

- Nut-free lunch (no microwaves)
- 2 snacks + refillable water bottle
- Extra snack for extended day campers

Optional Lunch Program:

Weekly sign-up available. (Form emailed weekly.) Campers still need snacks, water, and a drink.

Nut-Free Policy:

Sunny Acres is a nut-aware camp. Please do not send peanut or nut products.

HEALTH & SAFETY

Illness:

Keep your child home if they show signs of illness (fever, cough, vomiting, diarrhea, etc.). If symptoms develop at camp, you will be contacted for pick-up.

Medications:

Call ahead to coordinate medication drop-off (EpiPens, inhalers). Clearly label all items.

Allergies:

Notify us of any changes to your child's health or allergies.

Safety:

Campers are always supervised. No one goes anywhere without a staff member. We maintain low camper-to-staff ratios.

COMMUNICATION

You can reach us by phone or email during the day. If you get voicemail, leave a message and we'll return your call as soon as possible.

WEEKLY SCHEDULE & WEATHER

Weekly schedules are emailed at the start of each week.

Camp runs rain or shine. We use indoor spaces on wet days, and stay hydrated and shaded during heatwaves. Sunscreen is applied regularly.

ABSENCES

Please call or email to report any absences.

CHANGES OR CANCELLATIONS

Additions to registration can be done online:

<https://sunnyacresdaycamp.campbrainregistration.com>

Cancellations must be made via phone or email. \$50 admin fee per canceled week.

STAFF

Our trained staff are the heart of Sunny Acres. They receive training in first aid, safety, programming, and camper care. Most return year after year.

CELEBRATIONS & FEEDBACK

Birthdays:

We're happy to celebrate! Please notify us in advance. Treats must be nut-free and individually wrapped.

Parent Feedback:

We're always looking to improve. If something isn't right, reach out—we'll address it promptly.

LOST & FOUND

Please label everything. Lost items will be collected near the drop-off area.

DIRECTIONS TO CAMP

From Highway 40 West:

- Exit 41 (Ste-Anne-de-Bellevue), follow to stop sign, turn right
- Continue, turn left at second stop sign, cross overpass
- Veer right around football field—Penfield is on your left, Casgrain around the bend

From Highway 20 West:

- Exit Morgan Rd → left on Morgan → right on Lakeshore
- Turn right on Maple (past John Abbott signs)
- After first stop sign, entrance is on the right
- Casgrain is straight ahead; Penfield to the right

WE'RE LOOKING FORWARD TO AN
AMAZING SUMMER!